## We claim:

1. A compound of formula I:

I

## wherein

n is 0, 1, or 2;

R is H, aralkyl, or -CO<sub>2</sub>R';

R' is alkyl, aryl, or aralkyl;

Z is NHR" or OH; and

- 2. The compound of claim 1, wherein n is 1.
- 3. The compound of claim 1, wherein R is Cbz.
- 4. The compound of claim 1, wherein R is -CH<sub>2</sub>CH<sub>2</sub>Ph.
- 5. The compound of claim 1, wherein R is H.
- 6. The compound of claim 1, wherein R' is methyl.
- 7. The compound of claim 1, wherein Z is OH.
- 8. The compound of claim 1, wherein Z is NHR"; and R" is phenyl.
- 9. The compound of claim 1, wherein n is 1; and R is Cbz.
- 10. The compound of claim 1, wherein n is 1; and R' is Me.
- 11. The compound of claim 1, wherein n is 1; R' is Me; and Z is OH.
- 12. The compound of claim 1, wherein n is 1; R' is Me; Z is OH; and R is Cbz.

- 13. The compound of claim 1, wherein n is 1; R' is Me; Z is NHR"; and R" is phenyl.
- 14. The compound of claim 1, wherein n is 1; R' is Me; Z is NHR"; R" is phenyl; and R is Cbz.
- 15. The compound of claim 1, wherein n is 1; R is Cbz; and R' is methyl.
- 16. The compound of claim 1, wherein n is 1; and R is -CH<sub>2</sub>CH<sub>2</sub>Ph.
- 17. The compound of claim 1, wherein n is 1; R is -CH<sub>2</sub>CH<sub>2</sub>Ph; and R' is methyl.
- 18. The compound of claim 1, wherein n is 1; R is -CH<sub>2</sub>CH<sub>2</sub>Ph; R' is methyl; and Z is OH.
- 19. The compound of claim 1, wherein n is 1; R is -CH<sub>2</sub>CH<sub>2</sub>Ph; R' is methyl; Z is NHR"; and R" is phenyl.
- 20. A compound of formula II:

$$(CH_2)_n$$

$$\downarrow H$$

$$\downarrow Z$$

$$Z$$

$$N$$

$$\downarrow R$$

$$II$$

n is 0, 1, or 2;

R is H, aralkyl, or -CO<sub>2</sub>R';

R' is alkyl, aryl, or aralkyl;

Z-is-NHR" or-OH;-and--

- 21. The compound of claim 20, wherein n is 1.
- 22. The compound of claim 20, wherein R is Cbz.
- 23. The compound of claim 20, wherein R is -CH<sub>2</sub>CH<sub>2</sub>Ph.
- 24. The compound of claim 20, wherein R is H.
- 25. The compound of claim 20, wherein R' is methyl.

- 26. The compound of claim 20, wherein Z is OH.
- 27. The compound of claim 20, wherein Z is NHR"; and R" is phenyl.
- 28. The compound of claim 20, wherein n is 1; and R is Cbz.
- 29. The compound of claim 20, wherein n is 1; and R' is Me.
- 30. The compound of claim 20, wherein n is 1; R' is Me; and Z is OH.
- 31. The compound of claim 20, wherein n is 1; R' is Me; Z is OH; and R is Cbz.
- 32. The compound of claim 20, wherein n is 1; R' is Me; Z is NHR"; and R" is phenyl.
- 33. The compound of claim 20, wherein n is 1; R' is Me; Z is NHR"; R" is phenyl; and R is Cbz.
- 34. The compound of claim 20, wherein n is 1; R is Cbz; and R' is methyl.
- 35. The compound of claim 20, wherein n is 1; and R is -CH<sub>2</sub>CH<sub>2</sub>Ph.
- 36. The compound of claim 20, wherein n is 1; R is -CH<sub>2</sub>CH<sub>2</sub>Ph; and R' is methyl.
- 37. The compound of claim 20, wherein n is 1; R is -CH<sub>2</sub>CH<sub>2</sub>Ph; R' is methyl; and Z is OH.
- 38. The compound of claim 20, wherein n is 1; R is -CH<sub>2</sub>CH<sub>2</sub>Ph; R' is methyl; Z is NHR"; and R" is phenyl.
- 39. A compound of formula III:

$$(CH_2)_n$$
 $R$ 
 $Z$ 

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n is 0, 1, or 2;

R is H, aralkyl, or -CO<sub>2</sub>R';

R' is alkyl, aryl, or aralkyl;

Z is NHR" or OH; and

- 40. The compound of claim 39, wherein n is 1.
- 41. The compound of claim 39, wherein R is Cbz.
- 42. The compound of claim 39, wherein R is -CH<sub>2</sub>CH<sub>2</sub>Ph.
- 43. The compound of claim 39, wherein R is H.
- 44. The compound of claim 39, wherein R' is methyl.
- 45. The compound of claim 39, wherein Z is OH.
- 46. The compound of claim 39, wherein Z is NHR"; and R" is phenyl.
- 47. The compound of claim 39, wherein n is 1; and R is Cbz.
- 48. The compound of claim 39, wherein n is 1; and R' is Me.
- 49. The compound of claim 39, wherein n is 1; R' is Me; and Z is OH.
- 50. The compound of claim 39, wherein n is 1; R' is Me; Z is OH; and R is Cbz.
- 51. The compound of claim 39, wherein n is 1; R' is Me; Z is NHR"; and R" is phenyl.
- 52. The compound of claim 39, wherein n is 1; R' is Me; Z is NHR"; R" is phenyl; and R is Cbz.
- 53. The compound of claim 39, wherein n is 1; R is Cbz; and R' is methyl.
- 54. The compound of claim 39, wherein n is 1; and R is -CH<sub>2</sub>CH<sub>2</sub>Ph.
- 55. The compound of claim 39, wherein n is 1; R is -CH<sub>2</sub>CH<sub>2</sub>Ph; and R' is methyl.
- 56. The compound of claim 39, wherein n is 1; R is -CH<sub>2</sub>CH<sub>2</sub>Ph; R' is methyl; and Z is OH.
- 57. The compound of claim 39, wherein n is 1; R is -CH<sub>2</sub>CH<sub>2</sub>Ph; R' is methyl; Z is NHR"; and R" is phenyl.
- 58. A compound of formula IV:

$$(CH_2)_n$$
 $R$ 
 $Z$ 
 $IV$ 

n is 0, 1, or 2;

n magan - magan

R is H, aralkyl, or -CO<sub>2</sub>R';

R' is alkyl, aryl, or aralkyl;

Z is NHR" or OH; and

- 59. The compound of claim 58, wherein n is 1.
- 60. The compound of claim 58, wherein R is Cbz.
- 61. The compound of claim 58, wherein R is -CH<sub>2</sub>CH<sub>2</sub>Ph.
- 62. The compound of claim 58, wherein R is H.
- 63. The compound of claim 58, wherein R' is methyl.
- 64. The compound of claim 58, wherein Z is OH.
- 65. The compound of claim 58, wherein Z is NHR"; and R" is phenyl.
- 66. The compound of claim 58, wherein n is 1; and R is Cbz.
- 67. The compound of claim 58, wherein n is 1; and R' is Me.
- 68. The compound of claim 58, wherein n is 1; R' is Me; and Z is OH.
- 69. The compound of claim 58, wherein n is 1; R' is Me; Z is OH; and R is Cbz.
- 70. The compound of claim 58, wherein n is 1; R' is Me; Z is NHR"; and R" is phenyl.
- 71. The compound of claim 58, wherein n is 1; R' is Me; Z is NHR"; R" is phenyl; and R is Cbz.

- 72. The compound of claim 58, wherein n is 1; R is Cbz; and R' is methyl.
- 73. The compound of claim 58, wherein n is 1; and R is -CH<sub>2</sub>CH<sub>2</sub>Ph.
- 74. The compound of claim 58, wherein n is 1; R is -CH<sub>2</sub>CH<sub>2</sub>Ph; and R' is methyl.
- 75. The compound of claim 58, wherein n is 1; R is -CH<sub>2</sub>CH<sub>2</sub>Ph; R' is methyl; and Z is OH.
- 76. The compound of claim 58, wherein n is 1; R is -CH<sub>2</sub>CH<sub>2</sub>Ph; R' is methyl; Z is NHR"; and R" is phenyl.
- 77. A method of preparing an enantiomerically enriched 3-(1-hydroxyalkyl)-substituted cyclic amine, comprising the step of adding stereoselectively a nucleophilic alkyl or aryl to substantially one enantiomer of a 3-substituted cyclic amine, wherein the 3-substituent contains a carbonyl group, with a chiral transition metal complex and a metal alkyl or metal aryl to form said 3-(1-hydroxyalkyl)-substituted cyclic amine.
- 78. The method of claim 77, wherein said cyclic amine is a pyrrolidine.
- 79. The method of claim 77, wherein said cyclic amine is a piperidine.
- 80. The method of claim 77, wherein said cyclic amine is an azepine.
- 81. The method of claim 77, wherein said chiral transition metal complex is a TADDOL catalyst; and said metal alkyl is a zinc alkyl.
- 82. The method of claim 81, wherein said zinc alkyl is Me<sub>2</sub>Zn.
- 83. The method of claim 77, wherein said chiral transition metal complex is a TADDOL catalyst; and said metal aryl is a zinc aryl.
- 84. The method of claim 83, wherein said zinc aryl is Ph<sub>2</sub>Zn.
- 85. The method of claim 77, wherein said substantially one enantiomer of a 3-substituted cyclic amine has an R configuration; and said step of a stereochemical nucleophilic addition produces a chiral carbon having an R configuration.
- 86. The method of claim 77, wherein said substantially one enantiomer of a 3-substituted cyclic amine has an R configuration; and said step of a stereochemical nucleophilic addition produces a chiral carbon having an S configuration.

- 87. The method of claim 77, wherein said substantially one enantiomer of a 3-substituted cyclic amine has an S configuration; and said step of a stereochemical nucleophilic addition produces a chiral carbon having an S configuration.
- 88. The method of claim 77, wherein said substantially one enantiomer of a 3-substituted cyclic amine has an S configuration; and said step of a stereochemical nucleophilic addition produces a chiral carbon having an R configuration.
- 89. The method of claim 81 or 83, wherein said TADDOL catalyst comprises 2-napthyl substitution.
- 90. The method of claim 77 wherein said substantially one enantiomer of a 3-formyl-cyclic amine is prepared by a method comprising the following steps:

protecting the nitrogen atom of substantially one enantiomer of a 3-ester substituted cyclic amine with a protecting group;

reducing said ester to form an alcohol; and oxidizing said alcohol to an aldehyde.

- 91. The method of claim 90, wherein said cyclic amine is a pyrrolidine.
- 92. The method of claim 90, wherein said cyclic amine is a piperidine.
- 93. The method of claim 90, wherein said cyclic amine is an azepine.
- 94. The method of claim 90, wherein said protecting group is selected from the group consisting of Cbz and BOC.
- 95. The method of claim 90, wherein reducing said ester is carried out in one step with LAH.
- 96. The method of claim 90, wherein reducing said ester is carried out in two steps, wherein the first step converts said ester to an acid; and the second step converts said acid to an alcohol.
- 97. The method of claim 96, wherein said second step is carried out with BH<sub>3</sub>-Me<sub>2</sub>S.
- 98. The method of claim 90 or 92, further comprising the steps of:

reacting said 3-(1-hydroxyalkyl)-substituted cyclic amine with a sulfonyl halide or sulfonyl anhydride to produce a 3-(1-sulfonyloxyalkyl)-substituted cyclic amine;

reacting said 3-(1-sulfonyloxyalkyl)-substituted cyclic amine with an aryl amine or an aryl alcohol to give by a nucleophilic substitution reaction a 3-(1-arylaminoalkyl)-substituted cyclic amine or a 3-(1-aryloxyalkyl)-substituted cyclic amine.

- 99. The method of claim 98, further comprising the step of converting said amine to an amide.
- 100. The method of claim 99, further comprising the step of deprotecting the ring nitrogen of said cyclic amine.
- 101. The method of claim 100, further comprising the step of alkylating or aralkylating the ring nitrogen of said cyclic amine.
- 102. The method of claim 81 or 83, wherein about 5 mol% to about 20 mol% TADDOL catalyst is used.
- 103. The method of claim 81 or 83, wherein about 10 mol% to about 15 mol% TADDOL catalyst is used.
- 104. The method of claim 81 or 83, wherein about 15 mol% TADDOL catalyst is used.